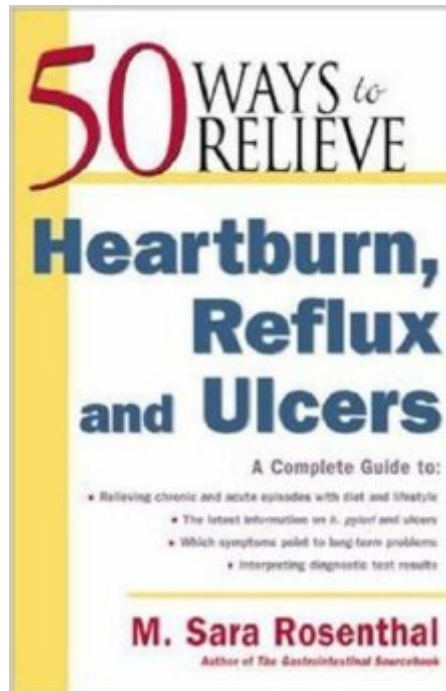


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# 50 Ways To Relieve Heartburn, Reflux And Ulcers



## Synopsis

At sometime in their lives, as many as 70 percent of Americans will suffer from gastrointestinal disorders. *50 Ways to Relieve Heartburn, Reflux, and Ulcers* is a quick and easy volume that offers 50 solutions to chronic and acute gastrointestinal episodes. Includes information on symptoms, treatments, and management techniques as well as an evaluation of major over-the-counter medications. Also provides the latest information on *h. pylori* and ulcers.

## Book Information

Series: 50 Ways

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Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #3,839,563 in Books (See Top 100 in Books) #97 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Ulcers & Gastritis](#) #1102 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Abdominal](#) #46013 in [Books > Health, Fitness & Dieting > Alternative Medicine](#)

## Customer Reviews

It is OK. It contains good info. But the info I could get from web. But it is handy.

Very Nice Book good information

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Stomach Acid Is Good for You: Natural Relief from Heartburn, Indigestion, Reflux and GERD  
Heartburn and Reflux For Dummies The Acid Reflux Escape Plan: Two Weeks to Heartburn Relief  
The 30 Day Heartburn Solution: A 3-Step Nutrition Program to Stop Acid Reflux Without Drugs The  
Complete Guide To Digestive Health: Plain Answers About Ibs, Constipation, Diarrhea, Heartburn,  
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Reflux, Ulcers, Irritable Bowel Syndrome, Diverticulitis, Celiac Disease, ... Pancreatitis, Cirrhosis,  
Hernias and more by Miskovitz M.D., Paul, Betancourt, Marian [Wiley,2005] [Paperback] The  
Doctor's Guide to Gastrointestinal Health: Preventing and Treating Acid Reflux, Ulcers, Irritable  
Bowel Syndrome, Diverticulitis, Celiac Disease, Colon ... Pancreatitis, Cirrhosis, Hernias and more  
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